

RESULTATS BENELUX OPEN POWERLIFTING TOURNEMENT 2024
23 ET 24 NOVEMBRE 2024
LOUVAIN LA NEUVE / BELGIUM

POWERLIFTING EQUIPPED

1 Belgique

Vanheesvelde Jeroen	Sen	81,95
Spina Celine	DA sen	76,92
Michiels Wendy	DA M50	74,24
Laethem Rob	M 40	69,61
Roos Evelyne	DA M40	68,86

371,58

2 Luxembourg

Jurado Alba	DA sen	77,60
Nilles Kevin	Sen	76,53
Weydert Emma	DA jun	71,86
Feiereisen Ben	Jun	66,91

292,90

POWERLIFTING CLASSIC DAMES

1 Belgique

Brysse Anne Sophie	DA sen	92,37
Verhulst Stefanie	DA sen	87,52
Muscolino Julie	DA sen	84,73
Bonaventure Fien	DA jun	82,94
Maes Maelle	DA jun	82,56

Bouvy Morgane

Goorman Ellen

Sadikova Melina

Charpentier Lola

Hajji Hinde

Van Nuffelen Aurelie

Dederichs Jessica

2 Luxembourg

Bennaoui Najia	DA sen	77,11
Sacre Margault	DA sen	70,65
Giacomini Laura	DA sen	60,44
Alexandreas Marina	DA sen	59,29

3 PAYS BAS

Brauckman Janneke	DA sen	98,41
Immink Carmen	DA jun	D S Q

980,05

267,49

98,41

POWERLIFTING CLASSIC HOMMES

1 Luxembourg

Macchi Mirco	Sen	95,69
Santana Vincente Tomas	Sub Jun	87,91
Parage Philippe	Jun	85,30
Gasche Philippe	Jun	84,84
Pouanouko Issah	Jun	83,00

Tavares Dylan

Ferreira Aaron

Gasparro Tiziano

Erpelding Kim

Bessa Carlos

Bomfim Joao

Fiorentino Franco

2 Belgique

Kollau Rowan	Sen	93,89
Prevost Pierre	Jun	92,14
Vervoort Cas	Jun	91,03
Gillissen Florian	Sen	90,13
Zabeau Tom	Jun	88,20

Cremers Tibo

Depierreux Romain

Bronckart Nathan

Igben Nathan

Ancion Alexandre

Schedin Casper

3 PAYS BAS

De Ruiter Jody	Sen	102,38
Kovacs Jasper	Jun	91,71
Haarloo Lorenzo	Sen	88,78

896,58

883,09

282,87

RESULTATS BENELUX OPEN POWERLIFTING TOURNEMENT 2024
23 ET 24 NOVEMBRE 2024
LOUVAIN LA NEUVE / BELGIUM

Name	Team	Div	Bwt kg	IPF Cls	DOB	Sq 1	Sq 2	Sq 3	B SQ	B P 1	B P 2	B P 3	B B P	D L 1	D L 2	D L 3	B D L	TOT	PTS	
Vanheesvelde Jeroen	belgium	Sen	110.5	120	06/14/1990	260	280	*	280	240	250	255	255	250	270	285	285	820	81,95	EQUIPPED
Spina Celine	belgium	DA sen	62.72	63	8/12/1998	127.5	135	140	140	115	-120	120	120	165	-172.5	-175	165	425	76,92	EQUIPPED
Michiels Wendy	belgium	DA M50	75.1	76	03/18/1974	162.5	-170	175	175	100	-105	105	105	150	160	170	170	450	74,24	EQUIPPED
Laethem Rob	belgium	M 40	102.98	105	08/28/1984	200	210	*	210	-190	200	210	210	220	240	255	255	675	69,61	EQUIPPED
Roos Evelynne	belgium	DA M40	98.16	84+	06/18/1980	175	-180	185	185	92.5	100	102.5	102,5	160	170	175	175	462,5	68,86	EQUIPPED
Finel Michelle	belgium	DA sen	67.5	69	9/11/1992	-142.5	142.5	*	142,5	-72.5	72.5	-75	72,5	130	137.5	-142.5	137,5	352,5	61,29	EQUIPPED
Dehan Guillaume	belgium	Sen	73.8	74	01/21/1995	-230	-240	-240		-145	145	-150	145	225	245	-252.5	245	D S Q		EQUIPPED
Laenen Sven	belgium	Sen	104.16	105	10/02/1986	-260	-260	-260		-195								D S Q		EQUIPPED
Brysse Anne Sophie	belgium	DA sen	65.48	69	9/06/2000	155	162.5	-167.5	162,5	82.5	87.5	90	90	165	175	180	180	432,5	92,37	CLASSIC
Verhulst Stefanie	belgium	DA sen	51.72	52	12/13/1990	125	-132.5	132.5	132,5	67.5	70	-72.5	70	132.5	142.5	-152.5	142,5	345	87,52	CLASSIC
Muscolino Julie	belgium	DA sen	51.9	52	10/20/1987	120	125	-130	125	60	62.5	-65	62,5	147.5	-155	-155	147,5	335	84,73	CLASSIC
Bonaventure Fien	belgium	DA jun	70.48	76	4/10/2003	132.5	142.5	147.5	147,5	72.5	77.5	-80	77,5	155	170	180	180	405	82,94	CLASSIC
Maes Maelle	belgium	DA jun	56.58	57	10/24/2003	115	120	125	125	70	-75	-75	70	137.5	147.5	155	155	350	82,56	CLASSIC
Bouvy Morgane	belgium	DA jun	61.92	63	3/05/2002	127.5	135	142.5	142,5	60	65	70	70	140	150	160	160	372,5	82,42	CLASSIC
Goorman Ellen	belgium	DA jun	74.9	76	10/29/2004	157.5	165	-170	165	90	95	-100	95	140	150	155	155	415	82,39	CLASSIC
Sadikova Melina	belgium	DA jun	56.38	57	8/10/2003	100	105	110	110	70	-75	-75	70	135	147.5	152.5	152,5	332,5	78,64	CLASSIC
Charpentier Lola	belgium	DA S Jun	68.46	69	06/18/2008	-135	135	142.5	142,5	77.5	82.5	85	85	137.5	147.5	-155	147,5	375	78,03	CLASSIC
Hajji Hinde	belgium	DA sen	54.64	57	10/11/1999	110	117.5	125	125	45	-47.5	-50	45	140	150	-160	150	320	77,56	CLASSIC
Van Nuffelen Aurelie	belgium	DA jun	62.26	63	06/18/2001	127.5	132.5	-137.5	132,5	62.5	65	67.5	67,5	145	-152.5	-160	145	345	76,06	CLASSIC
Dederichs Jessica	belgium	DA sen	53.82	57	04/20/1996	102.5	107.5	112.5	112,5	57.5	60	-65	60	125	132.5	-137.5	132,5	305	74,83	CLASSIC
Van De Velde Annelies	belgium	DA jun	50.18	52	06/19/2001	97.5	102.5	-105	102,5	60	-65	-65	60	120	-132.5	-132.5	120	282,5	73,61	CLASSIC
Nuyts Anne Mieke	belgium	DA M40	73.36	76	05/13/1975	117.5	120	-125	120	67.5	70	-75	70	167.5	170	175	175	365	73,21	CLASSIC
Tisson Romy	belgium	DA sen	44.47	47	3/11/1996	82.5	87.5	90	90	40	-42.5	-42.5	40	107.5	112.5	117.5	117,5	247,5	72,64	CLASSIC
Kollau Rowan	belgium	Sen	104.12	105	3/10/2000	245	262.5	272.5	272,5	-160	160	165	165	-320	320	-340	320	757,5	93,89	CLASSIC
Prevost Pierre	belgium	Jun	96.62	105	1/03/2002	220	235	245	245	180	190	195	195	260	277.5	-295	277,5	717,5	92,14	CLASSIC
Vervoort Cas	belgium	Jun	111.36	120	06/13/2003	255	270	282.5	282,5	155	160	165	165	280	295	310	310	757,5	91,03	CLASSIC
Gillissen Florian	belgium	Sen	108.92	120	10/31/1995	-275	-275	275	275	155	162.5	167.5	167,5	275	300	-317.5	300	742,5	90,13	CLASSIC
Zabeau Tom	belgium	Jun	90.42	93	4/07/2003	227.5	242.5	-247.5	242,5	-175	175	-180	175	235	247.5	-260	247,5	665	88,20	CLASSIC
Cremers Tibo	belgium	Jun	85.36	93	03/26/2004	217.5	227.5	242.5	242,5	127.5	132.5	-140	132,5	255	265	-280	265	640	87,35	CLASSIC
Depierreux Romain	belgium	Jun	82.04	83	05/24/2002	195	-210	215	215	137.5	-145	150	150	220	235	250	250	615	85,63	CLASSIC
Bronckart Nathan	belgium	Sub Jun	92.64	93	07/26/2006	195	207.5	212.5	212,5	115	125	135	135	285	300	305	305	652,5	85,52	CLASSIC
Igben Nathan	belgium	Jun	92.86	93	12/21/2003	235	-250	255	255	135	142.5	-147.5	142,5	220	240	252.5	252,5	650	85,10	CLASSIC
Ancion Alexandre	belgium	Jun	92.9	93	05/30/2003	230	-242.5	250	250	150	155	-160	155	225	237.5	-250	237,5	642,5	84,10	CLASSIC
Schedin Casper	belgium	Jun	72.2	74	3/05/2004	-190	-205	-215		110	120	-127.5	120	245	260	275	275	D S Q		CLASSIC
Jurado Alba	luxembourg	DA sen	61.14	63	07/24/1993	145	-152.5	152.5	152,5	90	95	-100	95	165	-172.5	175	175	422,5	77,60	EQUIPPED
Nilles Kevin	luxembourg	Sen	64.58	66	4/11/1998	215	-220	-220	215	110	115	-117.5	115	220	232.5	-240	232,5	562,5	76,53	EQUIPPED

Weydert Emma	luxembourg	DA jun	57.02	63	10/05/2004	137.5	-142.5	-142.5	137,5	80	85	-87.5	85	145	152.5	-165	152,5	375	71,86	EQUIPPED
Feiereisen Ben	luxembourg	Jun	88.94	93	7/05/2004	220	232.5	245	245	122.5	127.5	132.5	132,5	200	220	225	225	602,5	66,91	EQUIPPED
Bennaoui Najia	luxembourg	DA sen	84.9	84+	02/16/1994	150	-160	160	160	80	-85	-85	80	155	165	170	170	410	77,11	CLASSIC
Sacre Margault	luxembourg	DA sen	71.44	76	12/26/1992	125	-135	135	135	70	77.5	-80	77,5	127.5	135	-140	135	347,5	70,65	CLASSIC
Giacomini Laura	luxembourg	DA sen	85.68	84+	02/26/1990	115	122.5	-127.5	122,5	57.5	60	-62.5	60	132.5	137.5	140	140	322,5	60,44	CLASSIC
Alexandreas Marina	luxembourg	DA sen	64.48	69	04/13/2000	95	100	102.5	102,5	-57.5	57.5	-62.5	57,5	107.5	112.5	115	115	275	59,29	CLASSIC
Macchi Mirco	luxembourg	Sen	82.1	83	08/19/1998	230	-240	240	240	152.5	157.5	-160	157,5	275	287.5	290	290	687,5	95,69	CLASSIC
Santana Vincente Tomas	luxembourg	Sub Jun	79.8	83	5/09/2006	205	217.5	-225	217,5	142.5	147.5	150	150	225	242.5	255	255	622,5	87,91	CLASSIC
Parage Philippe	luxembourg	Jun	125.28	120+	7/12/2001	277.5	292.5	300	300	-160	160	165	165	282.5	-295	-295	282,5	747,5	85,30	CLASSIC
Gasche Philippe	luxembourg	Jun	102.68	105	5/10/2005	232.5	242.5	-250	242,5	132.5	140	-145	140	255	275	297.5	297,5	680	84,84	CLASSIC
Pouanouko Issah	luxembourg	Jun	91.68	93	04/18/2001	230	-240	240	240	142.5	-147.5	-147.5	142,5	235	242.5	247.5	247,5	630	83,00	CLASSIC
Tavares Dylan	luxembourg	Sen	86.94	93	12/23/1995	180	190	197.5	197,5	110	115	-117.5	115	240	252.5	265	265	577,5	78,10	CLASSIC
Ferreira Aaron	luxembourg	Sub Jun	117.42	120	4/09/2006	215	230	237.5	237,5	135	142.5	-147.5	142,5	225	-235	235	235	615	72,18	CLASSIC
Gasparro Tiziano	luxembourg	Sen	99.14	105	02/21/1989	-210	-220	220	220	135	-140	-140	135	205	212.5	-217.5	212,5	567,5	71,99	CLASSIC
Erpelding Kim	luxembourg	Jun	94.5	105	10/16/2002	162.5	170	-177.5	170	150	-157.5	157.5	157,5	210	220	-222.5	220	547,5	71,07	CLASSIC
Bessa Carlos	luxembourg	Sen	85.46	93	09/18/1992	160	170	-175	170	105	110	-112.5	110	170	180	187.5	187,5	467,5	63,77	CLASSIC
Bomfim Joao	luxembourg	M 40	91.36	93	12/15/1978	175	-185	185	185	95	100	-105	100	195	-205	-205	195	480	63,34	CLASSIC
Fiorentino Franco	luxembourg	M 70	83.24	93	01/31/1954	85	90	-92.5	90	70	72.5	75	75	110	115	120	120	285	39,39	CLASSIC
Brauckman Janneke	netherlands	DA sen	57.54	63	3/08/1999	140	147.5	150	150	97.5	102.5	105	105	160	167.5	-172.5	167,5	422,5	98,41	CLASSIC
Immink Carmen	netherlands	DA jun	56.7	57	04/20/2002	130	135	137.5	137,5	-72.5	-72.5	-72.5		142.5	150	155	155	D S Q		CLASSIC
De Ruiter Jody	netherlands	Sen	97.32	105	12/21/1996	270	285	295	295	172.5	180	185	185	295	-315	320	320	800	102,38	CLASSIC
Kovacs Jasper	netherlands	Jun	78.14	83	08/18/2002	217.5	230	237.5	237,5	152.5	160	165	165	217.5	230	240	240	642,5	91,71	CLASSIC
Haarloo Lorenzo	netherlands	Sen	67.2	74	12/17/1987	182.5	192.5	197.5	197,5	125	132.5	135	135	242.5	-257.5	-257.5	242,5	575	88,78	CLASSIC

RECORDS DE Belgique POWERLIFTING EQUIPPED			SQUAT	BENCH PRESS	DEAD LIFT	TOTAL
LAETHEM ROB	MASTER 40	-105		210		
SPINA CELINE	DA SENIOR	-63		120		
MICHIELS WENDY	DA MAS 50	-76	175	105	170	450
MICHIELS WENDY	DA MAS 40	-76	175		170	450
MICHIELS WENDY	DA SENIOR	-76	175			
ROOS EVELYNE	DA MAS 40	84 +	185		175	462,5
ROOS EVELYNE	DA SENIOR	84 +	185			

RECORDS V P F POWERLIFTING EQUIPPED			SQUAT	BENCH PRESS	DEAD LIFT	TOTAL
LAETHEM ROB	MASTER 40	-105		210		
MICHIELS WENDY	DA MAS 50	-76	175	105	170	450
MICHIELS WENDY	DA MAS 40	-76	175		170	450
MICHIELS WENDY	DA SENIOR	-76	175		170	450
ROOS EVELYNE	DA MAS 40	84 +	185		175	462,5
ROOS EVELYNE	DA SENIOR	84 +	185			

RECORDS L F P H POWERLIFTING EQUIPPED			SQUAT	BENCH PRESS	DEAD LIFT	TOTAL
SPINA CELINE	DA SENIOR	-63		120		425

RECORDS DE Belgique BENCH PRESS EQUIPPED			BENCH PRESS
LAETHEM ROB	MASTER 40	-105	210
SPINA CELINE	DA SENIOR	-63	120
MICHIELS WENDY	DA MAS 50	-76	105

RECORDS V P F BENCH PRESS EQUIPPED			BENCH PRESS
LAETHEM ROB	MASTER 40	-105	210
MICHIELS WENDY	DA MAS 50	-76	105

RECORDS L F P H BENCH PRESS EQUIPPED			BENCH PRESS
SPINA CELINE	DA SENIOR	-63	120

RECORDS DE Belgique POWERLIFTING CLASSIC			SQUAT	BENCH PRESS	DEAD LIFT	TOTAL
VERHULST STEFANIE	DA SENIOR	-52	132,5			
CHARPENTIER LOLA	DA SUB JUN	-69		85		
NUYTS ANNE - MIEKE	DA MAS 40	-76			175	
BRONCKART NATHAN	SUB JUN	-93			305	
BRONCKART NATHAN	JUNIOR	-93			305	

RECORDS V P F POWERLIFTING CLASSIC			SQUAT	BENCH PRESS	DEAD LIFT	TOTAL
VERHULST STEFANIE	DA SENIOR	-52	132,5			
NUYTS ANNE - MIEKE	DA MAS 40	-76			175	

RECORDS L F P H POWERLIFTING CLASSIC			SQUAT	BENCH PRESS	DEAD LIFT	TOTAL
CHARPENTIER LOLA	DA SUB JUN	-69		85		375
BRONCKART NATHAN	SUB JUN	-93			305	
BRONCKART NATHAN	JUNIOR	-93			305	
BRONCKART NATHAN	SENIOR	-93			305	

RECORDS DE Belgique BENCH PRESS CLASSIC			BENCH PRESS
CHARPENTIER LOLA	DA SUB JUN	-69	85

RECORDS L F P H BENCH PRESS CLASSIC			BENCH PRESS
CHARPENTIER LOLA	DA SUB JUN	-69	85

REFEREES ET JURY

DEMUTH-JENTGEN PIERRETTE / COINNE ZOE / LEEMANS JEROEN
BUSSELOT MYRIAM / VAN DE VIJFEIJKE PIETER / REMY ROGER / PLENNEVAUX SIMON
BEELEN MIKE / DELFOSSE GREGOIRE / NASSAR NADI ALEXANDRE / COMPAGNIE KATHLEEN
VANHEESVELDE JEROEN / FINEL MICHELLE / PARAGE GASTON / STRADIOT MEHDI
HAID JEAN-PHILIPPE / VANHEE EMMERIK / HAULOT CLARA

CLASSEMENTS AUX POINTS IPF GOOD LIFT**POWER EQUIPPED DAMES**

1	ALBA JURADO (LUX)	77,60
2	SPINA CELINE (BEL)	76,92
3	MICHIELS WENDY (BEL)	74,24

POWER EQUIPPED HOMMES

1	VANHEESVELDE JEROEN (BEL)	81,95
2	NILLES KEVIN (LUX)	76,53
3	LAETHEM ROB (BEL)	69,61

POWER CLASSIC DAMES

1	BRAUCKMAN JANNEKE (NED)	98,41
2	BRYSSÉ ANNE SOPHIE (BEL)	92,37
3	VERHULST STEFANIE (BEL)	87,52

POWER CLASSIC HOMMES

1	DE RUITER JODY (NED)	102,38
2	MACCHI MARCO (LUX)	95,69
3	KOLLAU ROWAN (BEL)	93,89
